



## Lesson Plan

Theme: My Feelings and Emotions

Room: Room 1

Week: Jan.30-Feb.03

	Monday	Tuesday	Wednesday	Thursday	Friday
Group Times Songs: Stories: Games:	*Going On a Bike Ride,*5 Little Snow Man,*The More We Get Together,*Five Little Monkeys,*Tiny Tim,* *If You Are Happy And you Know It*Hug,*It's Your Mama A Llama,*How Do Dinosaurs Say Goodnight,* I Went Walking *Show Me Your Hugging*Open Shut Them,*Sally Walker				
Special Outdoor Activities	Making Heart Cookies w/Cookie Cutters	Obstacle Course	Making Jell-o	Emotion Face Collage	Tunnels and Balls At the Park!
Special Activities Field trips birthday					

Dramatic Area: Food Appliances, Doctor's kit and Babies, Pretend Cooking and Grocery Shopping	Art: Texture Brushes, Hand Prints, Sponge Painting, Face Painting, Heart Print Art, Tracing Shapes	Sensory/Science: Silly Putty, Light Blue, Orange Peel and Small Bowls, Sand and Sea Shells, Goop And River Rock, Rainbow Stew w/Cups
Blocks: Little People and Community Buildings, Barn and Farm Animals	Table Activities: Sorting Teddy Bears, Silly Putty, Shape Sorters, Matching Faces,	Book Center: Various Books
Fine Motor: Dot markers, Feather Collage, Lacing Beads, People Connectors	Music/Movement: Animal Action /Scarves, Piano and Maracas, Marching w/Streamers	Quiet Area: Bean Bags and Clown Stand

LVCC Weekly Planning Form